



Specializing in Custom Québec Programs Since 1962

MACDONALD DRIVE JR HIGH SCHOOL

QUÉBEC CITY CLASSIQUE

May 23 – 27, 2020



SATURDAY

MAY 23, 2020

DAY 2

- AM** Group to meet at St. John's airport and check in at ticket counter
- AM** Depart St. John's **AIR SCHEDULE TBA**
- AM** Arrive Quebec City – Meet UNIROPA Coordinator! Collect luggage and board bus for transfer to hotel
- 11:00 AM** Arrive **Quebec City Hotel** - Check in and welcome orientation (*bellman handle luggage*).

Québec City, founded in 1608 is the birthplace of French North America. It is also a UNESCO world heritage site and the only walled city north of Mexico.

Toll Free: 1 866 371 1211

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USA: 3909 Witmer Rd. #165 Niagara Falls, NY 14305

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- 12:00 PM** Enjoy a 360 degree view of Québec City while enjoying a gourmet meal at *Ciel* – 30th floor revolving restaurant
- 2:00 PM** Enjoy a *guided walking tour* of Upper and Lower Québec

You will visit Place Royale, Quartier Petit-Champlain, and other points of cultural and historical significance. Place Royale is the spot where the famous French explorer, Samuel de Champlain, decided to set up a colony that would later become Québec City. Therein, you will find Quartier Petit Champlain, one of the oldest quarters on the North-American continent. This area, steeped in history, is still home to many historical buildings which display 17th Century French architecture.

- 6:00 PM** Dinner at authentic French Canadian restaurant in Old Québec – **INCL**
- 7:30 PM** Personal exploration in Old Quebec or use of hotel and pool facilities
- 10:00 PM** Curfew each evening at hotel (*chaperone to advise exact time*)

SUNDAY

MAY 24, 2020

DAY 3

- 9:00 AM** Breakfast at Le Monastere des Augustines (*in silence*). A ritual in harmony with the sites historic vocation
- 10:00 AM** Enjoy a guided tour of the monastery where the group will discover Augustinian sisters heritage and the role they played in the evolution of healthcare in Quebec and Canada as a whole.
- 10:45 AM** Time to *relax* - Engage in dynamic movements and exercises while exploring the phenomenal potential of the human body. The group will experiment with tools to manage the stress of everyday life.
- 11:30 AM** Personal exploration in Old Quebec - Place Royale / Rue du Trésor / Quartier Petit Champlain
- 3:00 PM** Visit and tour the *Martello Tower* “Soldier of the Tower” - Interactive activity on the Plains of Abraham where you will actively partake in defending the city as a soldier posted. Through this exercise, you will quickly understand first-hand the importance of a soldier’s responsibility and the living conditions of a soldier in the early 1800’s

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- 6:00 PM** Dinner at authentic French Canadian restaurant in Old Québec – **INCL**
- 8:30 PM** Enjoy a *Jolliet Disco Cruise* on the magnificent St. Lawrence River overlooking beautiful Québec City
- 10:00 PM** Curfew each evening at hotel (*chaperone to advise exact time*)

MONDAY

MAY 25, 2020

DAY 4

- 8:30 AM** Full Québécois breakfast at authentic restaurant in Old Québec – **INCL**
- 10:00 AM** Head to a local *culinary art school* to learn about traditional Québécois cooking and put your knowledge to the test by creating your own culinary masterpiece!
- 12:00 PM** Transfer to Galeries de la Capitale - Mall, Amusement Park, Ice Skating Rink and Imax Theatre
- 3:00 PM** Depart Galeries de la Capitale for a tour of the beautiful *Beaupre Coast* with your Uniropa Tour Coordinator. You will visit the world famous Ste Anne de Beaupré Cathedral, Montmorency Falls (*100 feet higher than Niagara Falls*), Copper Shoppe, and a traditional Québécois Sugar Shack
- 6:00 PM** Enjoy a specialty dinner and a show at L'En-Tailleur Sugar Shack
- 10:30 PM** Curfew each evening at hotel (*chaperone to advise exact time*)

TUESDAY

MAY 26, 2020

DAY 5

- 7:00 AM** Check out of hotel and store luggage with bellmen until departure
- 7:30 AM** Full Québécois breakfast at authentic restaurant in Old Québec – **INCL**
- 8:30 AM** Transfer by private coach from your hotel to the *Circus School* – Students will participate in activities such as, juggling, unicycling, tightrope walking, and aerial disciplines with professional instructor.

*** BRING ATHLETIC CLOTHING ***

- 12:00 PM** Transfer by private coach from the Circus School back to your hotel

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- 1:00 PM** Personal exploration and lunch in Old Québec - Place Royale / Rue du Trésor / Quartier Petit Champlain
- PM** Enjoy a ride on the ferry that connects Québec City to Lévis, a city directly across the St. Lawrence River.
The view of Québec City and the surrounding area is breathtaking from the ferry
- 5:30 PM** Dinner at authentic French Canadian restaurant in Old Québec – **INCL**
- 7:30 PM** Experience a spooky *Ghost Tour* through the back streets of Québec – 400 hundred years of murders, executions, ghost sightings, and hauntings!
- 10:00 PM** Curfew each evening at hotel (*chaperone to advise exact time*)

WEDNESDAY

MAY 27, 2020

DAY 5

- 8:00 AM** Check out of hotel and store luggage with bellmen until departure
- 8:30 AM** Breakfast at *Le Parlementaire (Bring Form Provided)* – **INCL**
- 9:30 AM** After breakfast enjoy a tour Quebec's *Parliament Buildings* – The seat of Quebec's provincial government
- 10:30 AM** Lunch & Personal Exploration - Souvenir shopping & Photos
- 12:45 PM** Return to hotel to collect luggage and prepare to depart. Time to say goodbye to your coordinator!
- 1:30 PM** Arrive Quebec City Airport - Check in at ticket counter
- PM** Depart Quebec City **AIR SCHEDULE TBA**
- AM** Arrive St. John's - Transfer home

BON VOYAGE !!!

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